



DAILY RHYTHM

(Toddler Age)

OUR FULL DAY IS FROM 7AM-5PM

Try to drop off your child by 9AM to allow them time for indoor free play and snack.
Pick up time is between 3-5PM

All activities will be held outdoors when weather permits.

7-9 AM Indoor Free Play & Exploration

Time and space to Play, Create & Explore

This is a child-led opportunity for free play inside.

9 AM AM Snack

9:30 AM Bathrooms, Dressing and Outdoor Transition

10 -11 AM Outdoor Play & Exploration

Time and space to Play, Create & Explore

This is a child-led opportunity for free play outside.

11:15-11:45 AM Lunch

12-2PM Nap Time / Quiet Time

Our children who take naps will sleep in our nap area. Children who do not nap will rest for a short period and then choose from quiet activities or go outside (in warm weather).

2-2:30 PM PM Snack

2:45-3 PM Bathrooms, Dressing and Outdoor Transition

3- 5PM Outdoor Play & Exploration

Time and space to Play, Create & Explore

This is a child-led opportunity for free play outside.



DAILY RHYTHM

(Preschool Age)

OUR FULL DAY IS FROM 7AM-5PM

Try to drop off your child by 9AM to allow them time for indoor free play and snack.
Pick up time is between 3-5PM

All activities will be held outdoors when weather permits.

7-8:30 AM Indoor Free Play & Exploration

Time and space to Play, Create & Explore

This is a child-led opportunity for free play inside.

8:30 AM AM Snack

9:00 AM Bathrooms, Dressing and Outdoor Transition

9:30 -11:30 AM Outdoor Play & Exploration

Time and space to Play, Create & Explore

This is a child-led opportunity for free play outside.

11:30 AM-12 PM Lunch

12-2 PM Nap Time / Quiet Time

Our children who take naps will sleep in our nap area. Children who do not nap will rest for a short period and then choose from quiet activities or go outside (in warm weather).

2-2:30 PM PM Snack

2:30-3 PM Bathrooms, Dressing and Outdoor Transition

3- 5 PM Outdoor Play & Exploration

Time and space to Play, Create & Explore

This is a child-led opportunity for free play outside.